



BiPAP

HOW TO USE AND CARE FOR YOUR NEW MACHINE:

1. Filters and supply replacement

- a. Your machine has a filter, check your filter daily to make sure it isn't dirty. You can call us to have new filters mailed to you monthly. Typically, your insurance will provide you with 2 disposable filters per month.
- b. Your insurance company will provide you with a new mask seal monthly. The replacement schedule for tubing is every 3 months and every 6 months for a mask with headgear. Remember these supplies are disposable and are meant to be changed on a schedule for the best outcome.

2. SD Card/Modem

- a. The SD card will only need to be pulled if you get a call from us requesting you to do so.
- b. There is a modem inside the machine. It will allow us to monitor your compliance, response to treatment, and if your mask is leaking.

3. Humidifier

- a. Fill the humidifier with DISTILLED WATER only to the line marked on the humidifier.
- b. Wash the humidifier once a week with equal parts tap water and white vinegar or soap and water. Let the humidifier air dry.

4. Machine

- a. Turn the machine on by hitting the on/off button.
- b. Place the mask on your face securing the straps. Ensure the straps are not too tight, lay down to help the mask create a seal before you start to tighten the straps. There should be no leaking around your eyes, however, a small leak at your chin is ok as the machine is designed to compensate for small leaks.

CLEANING TIPS:

Piece of Equipment	How Often Cleaned	Directions to Clean
Filter 	Check filter daily	If you have a disposable filter, toss and replace it with a new one. Reusable filters can be rinsed. Dry filter completely before putting back in your machine.
Mask Insert 	Daily	Wipe down BiPAP mask with BiPAP wipes or a plain wet washcloth. Change mask insert monthly
Tubing 	Weekly	Clean inside and outside of tubing by submerging in mild soap (dial, dove, or baby shampoo) and water. Rinse thoroughly. Hang to dry. Do not put in machine while wet! Tubing will be replaced every 3 months.
Head Gear 	Weekly	Rub with mild soap (dial, dove, or baby shampoo) and water in a sink or tub. Rinse with warm water. Place on flat surface to dry. Avoid direct sunlight. Head gear will be replaced every 6 months.
Humidifier 	Weekly	Dump distilled water after every use. Use mild soap (dial, dove, or baby shampoo) and water or 50/50 white vinegar/tap water to clean the humidifier. Rinse with warm water.